



<http://www.rockrivermultisport.com/>

# **2021 Rock River MultiSport 20K®**

***Sunday, April 25 & August 29, 9am start – 2 minute intervals  
Deer Run Forest Preserve, 5691 River Rd, Cherry Valley, IL 61016***

## **RACE CLASSES:**

**Standard Road or TT Bike**

**Ability Categories**

Cat.1-2

Cat -3

Cat 4-5

Women Cat 1-2

Women Cat 3

Women 4-5

**Men & Women**

**Age Categories**

Juniors 14 and under

Juniors 15-18

19-29

30-39

40-49

50-54

55-59

60-64

65-69

70-74

75-79

80-84

85-89

90+

**Tandem/Recumbent/HPV**

**Single Speed**

**COURSE: 20 Kilometer** out and back course. Start line is at Deer Run Forest Preserve. From start line ride South for 3mi. then turn right onto Fairdale Rd./East Line Rd for 5.5 miles. Turn around at mark and return on same course to the finish line.  
Course Marshall at turn & turn around

## **AWARDS:**

**MATTS Points** towards season overall prizes

**Medals** awarded five (5) deep in all classes,

**Overall Fastest Riders:** Fastest times of day cash awards:

(1<sup>st</sup> \$30, 2<sup>nd</sup> \$25, 3<sup>rd</sup> \$20, 4<sup>th</sup> \$15, 5<sup>th</sup> \$10, 6<sup>th</sup> \$10)

**Overall Female Riders:** Fastest times of day cash awards:

(1<sup>st</sup> \$25, 2<sup>nd</sup> \$20, 3<sup>rd</sup> \$15)

**Overall Junior Riders:** Fastest times of day cash awards:

(1<sup>st</sup> \$15, 2<sup>nd</sup> \$10, 3<sup>rd</sup> \$5)



## **REGISTRATION:**

**Entry Fee:** Pre-registration: Adults **\$25**. Juniors 18 & under **\$5**.

Race 2<sup>nd</sup> time to compete in 2<sup>nd</sup> race class or for a faster time **\$10**.

**Online registration at:** [www.truesport.com/matts](http://www.truesport.com/matts) closes 10 days before race date.

**Day of Event:** Opens at 8:00am at Deer Run Forest Preserve, rear picnic area.

**By Mail:** Submit ABR Release Form with entry fee *payable to:*

**Rock River Multisport**

Mail to: Rick Green - 8839 Greenfield Dr., Belvidere, IL. 61008

**ABR-American Bicycle Racing membership required.** Annual **\$25**, Junior **\$10**, One day

**\$5** Purchase online at: [ABRmembership.getmeregistered.com](http://ABRmembership.getmeregistered.com)

**Start list here:**

[Start List RRM 20k April 25 2021](#)

**Questions:** Email: Rick Green,  
[rgreen3591@gmail.com](mailto:rgreen3591@gmail.com) or text 815-621-6030

Cherry Valley 20k TT -

<https://www.strava.com/routes/28937060>

## **Social Distancing & Guidelines:**

- Social distance at parking and start area.
- Pit toilets open at back of Preserve, bring your sanitizer.
- Wear facial mask if cannot social distance.
- Rider numbers mailed.
- Start, Finish, Arrows, Turnaround signs posted. They are easy to identify, please be familiar with the course.
- Masked Starter will give countdown from a distance.
- Start line with 6 foot wait line markers at start area.
- Corner marshals at turn and turnaround.
- Masked timer at finish line.
- Medals, Awards, Prizes available at next TT or mailed.



**DIRECTIONS:** Cherry Valley is located Southeast of Rockford. From Chicago or Madison take I-90 (toll) or I-39 to Hwy 20 (not business 20). East on Hwy 20, turn right onto Mill Rd then left on E State Rd, East on E. State Rd, right onto Walnut St, left onto Genoa St, a mile to right on River Rd., River Rd to Deer Run Forest Preserve.